

Banner Children's invites kids to join 'Clean Hands Club' Free coloring pages helps kids learn about hand washing



PHOENIX (April 15, 2020) – Banner Children's is encouraging kids to join the "Clean Hands Club" by taking part in a fun coloring challenge while learning about the importance of proper handwashing, especially during a pandemic.

Free coloring pages are available to download, along with useful information for parents to help teach their kids correct handwashing techniques. The coloring pages are offered in two versions: one for boys and one for girls. Once kids finish coloring, parents are encouraged to take a picture and post to their Instagram story, tagging @Banner_Health for a chance to be featured on Banner Health's social media accounts.

"We know it's challenging to keep children busy and entertained during this time of isolation, and this is one small way to help brighten their day while helping them learn healthy habits," said nurse Tracey Fejt, trauma injury prevention coordinator at [Cardon Children's Medical Center](#) in Mesa, Ariz. (Fejt is pronounced "fate").

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Keeping your hands clean is one of the most important things everyone can do to avoid getting sick and spreading germs. Many illnesses are spread by not washing hands with soap and water or using hand sanitizer. The Centers for Disease Control recommends cleaning hands for a full 20 seconds to avoid getting sick and spreading germs to others.

To access the coloring pages and info, visit www.bannerhealth.com/handwashing.

Banner Children's, part of nonprofit Banner Health, cares for more kids than any other health system in Arizona. From well-child exams to treatment of minor injuries and illnesses to management of chronic conditions, the experienced team at Banner Children's provides comprehensive, family-centered medical care for every child in Banner Health centers and clinics, emergency rooms, hospitals and outpatient facilities. Services include: behavioral health, cancer care, diabetes and endocrinology, digestive care, emergency care, heart care, neurosciences, primary care, surgery and more. For more information about Banner Children's services, physicians and locations, visit www.bannerchildrens.com.

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For further information: media@bannerhealth.com

 [Mack enjoying his coloring book](#)
(2 MB)

<http://bannerhealth.mediaroom.com/coloring>