

Covid 19 reflection

A reflection on the ongoing pandemic might be a bittersweet moment for some. Many people have lost not only loved ones, but also a part of themselves, while others have discovered some part of themselves and others gotten closer to their loved ones. While it may be easier to write about all that is wrong in my life during the pandemic, for the purpose of this paper I want to share the positive impact of the pandemic on my life.

Firstly, I had the opportunity to solely focus on God. In my day to day life I am usually preoccupied with work and school, and I tend to just fit God in whenever I feel like. However, the pandemic taught me that the world and everything I devoted time to will stop, and God will still be there come what may.

A miracle also happened for me during the pandemic. As an international student I can only work on campus, so once campus is closed I can't work anywhere else. This means that I was unable to finish paying for last semester. However, with the ongoing pandemic the bursar placed no holds on our accounts which allowed me to register for classes and continue my schooling.

I have not been hungry or be without everything I need during the pandemic. Although I no longer have my on campus job, everything that I needed had been provided to me in some way. I place emphasis on this because I sometimes don't consider how fortunate I am. This pandemic has helped to always remain in a state of thankfulness because although things may not always work in my favor I am still alive and well.

The pandemic has also taught me a lot about myself. I used this opportunity to do a lot of self discovery. There are a few things about myself I realized and they include 1. I don't really need coffee 2. I am very good at encouraging persons 3. I am really funny 4. I have a unique way of interpreting and making sense of situations 5. I am very sensitive towards the feelings of others and 6. I am a GOOD cook. I am happy to have taken time out to solely focus on myself, and my growth and development as a young woman.

I hope to inspire others to focus on the positive impacts COVID 19 have had on their lives . In the future I hope to keep this positive mindset as I navigate through life.