Kaitlin Whalen

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Today, I turned 19 (kinda ironic considering we're in quarantine for COVID-19). It was by far one of my weirdest birthdays. No where is open and since we are not allowed to be in groups of people it was a very lonely and quiet birthday. We made a cake and dinner at home and I just had dinner with my parents. It was especially sad because I had plans with my friends to go out for dinner in Boston, but then quarantine sent us home and shut everything down. It's hard to find positivity these days, but I'm trying to find positivity and gratitude in at least something small every day. Today I am thankful to be able to live another year and that my family and I are all still in good health.

I have also been trying to keep up with the current events and updates with this whole situation, but it can get depressing, especially seeing the number of cases and deaths going up each day. Tonight we watched Donald Trump speak on tv, like he has been doing most of these days. I might be biased, but I hate watching him speak. Something about him just comes off as unprofessional and not empathetic. In my opinion, he has been coming off as a bit rude lately, especially during tonight's broadcast. I have included this chart from the New York times today, with the total number of cases by state. As of today, April 4th, Massachusetts is sixth highest with the total number of cases of coronavirus. Honestly it's a little scary to think about but my family has been doing our best to avoid the public and my parents have only been going out when completely necessary to buy food.

Cases and deaths by state and county

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	▼ CASES	PER 100,000 PEOPLE	DEATHS	PER 100,000 PEOPLE	CASE GROWTH RATE
+ New York MAP »	114,859	585.5	3,565	18.2	
+ New Jersey MAP »	34,124	384.2	846	9.5	
+ Michigan MAP »	14,225	142.9	540	5.4	
+ California MAP »	13,723	35.1	317	<1	
+ Louisiana MAP »	12,496	267.9	412	8.8	
+ Massachusetts MAP »	11,736	171.8	216	3.2	
+ Florida MAP »	11,537	56.0	194	<1	
+ Illinois MAP »	10,357	80.8	248	1.9	
+ Pennsylvania MAP »	10,017	78.3	136	1.1	
+ Washington MAP »	7,498	102.8	318	4.4	

SLOWER — FASTER (Feb. 26 — Apr. 3)

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