Nightmare

Covid 19 has been nothing but the worst ever since it started. The only tiny silver line i found is i was able to rest and heal my body from constantly working out and going to work. But then the situation for work changed as the schedule began to put in more hours for me and although i enjoyed learning new tasks for the job, having nothing but to do those new tasks for months was dreadful. Covid made a big impact on my relationship because it made me dependent and I constantly was on facetime with my girlfriend and now i have separation anxiety where i normal dont. I feel socially awkward as well since i barely was already going out to pretty much nothing at all. I hope i can get my own life back on track and hopefully everything returns to normal.